

# Tropical Topics

The Monthly Newsletter of the International Women's Club of Cancun

## Fashion Show Preparations ~

The Fashion Show preparations are well underway. Our president, Nancy Myers, has been working with fashion designer Emilio Mata and the people at Plaza Kukulcan to ensure that this event is a huge success! The event posters and tickets designs are in development. The event planning is underway and members of the IWC have been out there, beating the bushes, asking for prize donations. But your help is still needed, please get in touch with Nancy if you have time to help!

For an up-to-date list of the prizes that have been donated so far please sign-up and login to the IWC Forum located at: [www.iwccancun.com/forum](http://www.iwccancun.com/forum)

## Book Sale ~

The IWC Annual Book Sale was a huge success. We raised more than \$4500 pesos for charity in a few short hours. And we had a lot of fun doing it. Everyone came away with arm loads of new reading material.

Thanks go to El Meson del Vecindario for hosting the sale, and to Nancy Wilson of the Needful Things Used Bookstore for graciously paying for and carting away all leftover books.

## Remembering Lucille LaLande ~



*Lucille LaLande*

IWC member Lucille LaLande passed away on Tuesday March 20th. In February Lucille was diagnosed as having terminal cancer, she had previously faced down cancer. She was fortunate to die in her own bed at home with her family around her. Lucille was 79. She is survived by two sons and her daughter, our friend Pamela, along with a gaggle of beautiful grandchildren.

Lucille was remembered with an intimate gathering on the beach in Puerto Morelos on the morning of Wednesday, March 21st. Lucille loved Puerto Morelos. Her ashes were released into the glorious Caribbean Sea on a bright sunny gorgeous day.

Lucille will be fondly remembered and sadly missed.

## Member Birthdays

~ April 2007 ~

1st - Carmen Bianca

2nd - Laura Barraza

2nd - Rafaela Ruiz Garcia

6th - Nancy Marroquin

11th - Marion O'Brien

16th - Linda Schwarz

27th - Janice Becker

27th - Carol Vidal

If I missed your birthday please let me know,  
thanks!

# Community Service

## Ciudad de la Alegría ~ City of Joy

### Hogar de los Ancianos: Resident Spotlight ~

**Full name:** Armando Encalada Herrera

**Age:** 79, his birthday was on 6<sup>th</sup> of February

**Born in:** Payobispo (Chetumal)

**Family situation:** Don Armando apparently has no children but he is in touch with his brother. Because the family comes from a very poor background, Armando faced the hardship of living this last stage of his life in absolute poverty.

**Time in the Home for the Elderly:** Don Armando has been in the Home for two and a half years.

**Likes:** Maybe you'll have seen Armando with his trusty guitar he loves making music and has even been known to use his troubadour image to try and woo the ladies (we're not quite sure how successfully!).

**Dislikes:** being alone.

**Why the IWC ladies should visit him:** Armando is still quite lucid and loves to talk to others about his life and theirs. As a life long resident of Quintana Roo, he has some great stories to tell.



*Don Armando*



### Woman of the Year Nominees~

Each year a woman from the IWC is chosen for her long-term commitment to the Club and the Community.

The 2007 Nominees for Woman of the Year are:

- ◆ Hilda Navarro
- ◆ Liane Brown-Lutz
- ◆ Mary Commager
- ◆ Martha Uscanga
- ◆ Helen Pappas
- ◆ Terri Littlewood

The IWC will vote on its Woman of the Year at the May General Meeting. Our out-going Woman of the Year, Alisha Sullivan, will take the votes.

### IWC Meetings

Our general meetings take place on the first Saturday morning of each month. Our board meetings usually take place the Monday before. We set the agenda for our general meeting at the preceding board meeting.

### Visits to the Home for the Elderly

Please remember that IWC members visit the home for the elderly at the Ciudad de la Alegría on the first and third Thursdays of each month. We meet at Restaurant California on Kabah, next to Costco and we car-pool from there.

**Our Next Two Visits: April 19th & May 3rd - 9:30 am**

# Events

## International Women's Day Lunch ~



Members and guests of the IWC met at Lucky Luciano's Italian Restaurant to celebrate International Women's Day. Attendees included Maggie Marrero, Deana Guadalajara, Tracey Kennedy, Kimberley Rivero, Siobhan McMahon, Angie Worton, Alyce Drimmer, Mary Commager, Lisa Delinsky, Liane Brown-Lutz and Terri Littlewood.



## 2007 IWC Board

- Nancy Myers ~ President**  
Email: [president@iwccancun.com](mailto:president@iwccancun.com)
- Janet Cerutti ~ Vice President**  
Email: [vice.president@iwccancun.com](mailto:vice.president@iwccancun.com)
- Hilda Navarro ~ Treasurer**  
Email: [treasurer@iwccancun.com](mailto:treasurer@iwccancun.com)
- Maggie Marrero ~ Secretary**  
Email: [secretary@iwccancun.com](mailto:secretary@iwccancun.com)
- Rosalinda Cahill ~ Membership**  
Email: [membership@iwccancun.com](mailto:membership@iwccancun.com)
- Carmelita Jimenez ~ Community Service**  
Email: [community@iwccancun.com](mailto:community@iwccancun.com)
- Carmen Bianca ~ Programming**  
Email: [programming@iwccancun.com](mailto:programming@iwccancun.com)
- Jennifer Hamer ~ Public Relations**  
Email: [public.relations@iwccancun.com](mailto:public.relations@iwccancun.com)
- Kimberley Rivero ~ Newsletter & Web**  
Email: [news@iwccancun.com](mailto:news@iwccancun.com)

## Upcoming Events

~ April 2007 ~

### Sun. 15th - Sunday Brunch

**Noon - 2 pm** - Members, spouses & guests meet at Mocambo restaurant, which is located at Playa Caracol, across from Plaza Caracol.

### Tues. 17th - Happy Hour

**5:30 pm** - Meet members and guests for Happy Hour at My Place, across from McDonald's in the Hotel Zone.

### Thurs. 19th - City of Joy

**9:30 am** - Members visit Hogar de los Ancianos at the Ciudad de la Alegría. Meet at California Restaurant to car pool.

### Thurs. 26th - Film Showing

**8 pm** - Al Gore's film *An Inconvenient Truth* will be shown at My Place. Cost: \$100 pesos or \$50 pesos with a student ID. This is a fund raising event and is being held in conjunction with the Prem Rawat Foundation.

### Every Friday - Friday Night Out

**8 pm** - Members and spouses meet at El Pabulo, inside the Xbalamque Hotel on Yaxchilan Avenue.

**Our calendar is on the web at:**

<http://www.iwccancun.com/events/>

## Don't Miss This Film ~

Al Gore's award-winning documentary about Global Warming will be shown Thursday April 26th at 8 pm, at My Place in the Hotel Zone.

*From IMDB.com:*

"Al Gore strips his presentations of politics, laying out the facts for the audience to draw their own conclusions in a charming, funny and engaging style, and by the end has everyone on the edge of their seats, gripped by his haunting message," said director Davis Guggenheim. *An Inconvenient Truth* is not a story of despair but rather a rallying cry to protect the one earth we all share.

This showing will be a fund raiser and is being held in conjunction with the Prem Rawat Foundation.

# Member Services Directory

## Restaurant & Nightclub

**My Place** offers 15% off for IWC members. Open for lunch & dinner. Come for the food, stay for the fun! Hotel Zone KM. 9 Plaza Zocalo, across from McDonald's. Janet Cerutti, owner Tel: 883-1300

## Money Exchange

**Consultoria Internacional Casa de Cambio** - Services all over the world: cash, traveler's checks, funds transfers and personal checks. Plaza Flamingo, next to Marti. Maja Kreso Tel: 883-3281/80

## Web & Graphic Design

**Magnolia Web Studio** caters to expats doing business in Mexico. We offer a 15% discount for IWC members & their families. Tel: 848-1369 [www.magnoliawebs.com](http://www.magnoliawebs.com) Kimberley Rivero, owner

## Cancun Rental

For rent in Bellamar, located in the Hotel Zone, behind the Costa Real hotel. Beachfront, pool, 2 BR, fully equipped kitchen, A/C, security, sheets & towels. Store on premises. Tel: 887-5760 Nancy Myers

## Himalayan Goji Juice

**Nutritional Antioxidant** - Himalayan Goji juice helps metabolism, immunity & energy. Contact Martha Uscanga. Tel: 871-0162, Cell: 044 (998) 148-8051 or (998) 845-4376 [www.marand.freelife.com](http://www.marand.freelife.com)

## Dental Care & Massage

**American Smile Clinic** - General, endodontic (root canal), surgical & pediatric dentistry. Relaxing massage & speech therapy. IWC members receive 20% off on massage. Calle Nance #17, SM 25 Nancy Myers Tel: 887-4521

## Travel Services

**Marand Travel** - Need travel assistance? Visit our web site at [www.puertomorelos.com.mx](http://www.puertomorelos.com.mx). Contact Martha, Andres or Richard. Tel: 871-0162 or 871-0332, Cell: 044 (998) 148-8051 or (998) 845-4376

## Mexican History Courses

**Carolyn Valero** offers a course, in English, on 19th & 20th century Mexican history.. This class meets every Tuesday from 11am to 1pm. Join anytime, \$100 pesos/class! Call 887-0114 or cell: 044-998-830-0593 or 044-998-131-6018.

## Puerto Morelos Rentals

Beachfront condos for rent in Puerto Morelos, weekly, monthly or long-term. Also a 3 BR house, fully furnished, all amenities, sleeps 4-6 people. Rentals rates start at \$850 usd/week. Call 871-0162. Martha Uscanga.

## Client-Centered Counseling

**Tracey Kennedy** is a counselor specializing in relationships, loss, infertility, sexual health and post-birth trauma. Over 13 years experience. Confidential. Sliding fee scale. Call 044-998-204-9932 or email [emotional.health@hotmail.com](mailto:emotional.health@hotmail.com).

## Construction & Architecture

**MC3 Arquitectos** is an architecture and construction firm with over 25 years experience. For more information contact Mario: 882-2661 or cel: 044-998-147-1836. Email: [mc3arquitectos@yahoo.com](mailto:mc3arquitectos@yahoo.com) Anita Gallagher

## Car Repair

**Automotriz Cancun** 10% off for IWC members on services (not on parts) including paint jobs, tune-ups, oil changes & more. Maximo Rios: 884-5686, Lopez Portillo #142, SM 63, 1½ blocks from Uxmal. Indra Rojo

## Real Estate Broker

Buying or selling real estate in Cancun or the Riviera Maya? **Carmen Bianca** has over 20 years of real estate experience in Mexico. Cell: 044-998-874-0177, Tel: 880-9445 Email: [carmenbianca@hotmail.com](mailto:carmenbianca@hotmail.com)

## Relaxing Massage

Manage pain, reduce stress, improve circulation...pamper yourself! **Pamela LaLande** offers massage services to IWC members. \$300 mn for 60 mins; \$400 mn for 90 mins. Call 882-0369 or 044-998-103-8835.

## Advertise Here

Please send your Member Services Directory ad to Kimberley Rivero at [webmaster@iwccancun.com](mailto:webmaster@iwccancun.com). There is a limit of 240 characters per ad. Thanks!