



# Tropical Topics

September 2007

The Monthly Newsletter of the International Women's Club of Cancun

## Donations to the Home for the Elderly ~

The money raised during the Fashion Show is being spent on needed items for the Hogar de los Ancianos, the home for the elderly at the Ciudad de la Alegría. So far we have been able to purchase for them a large capacity industrial freezer, an industrial washing machine and some ceiling fans. We still have some money left and will be using it to buy more items for them.

Thank you to everyone who has helped us to help the elderly residents of the Hogar de los Ancianos!

### Upcoming Events

~ September 2007 ~

**Thursday September 20th** ~ Visit to the Hogar de los Ancianos ~9:30 am.

~ October 2007 ~

**Thursday October 4th** ~ Visit to the Hogar de los Ancianos ~9:30 am.

**Saturday October 6th** ~ General Meeting & Fund-Raising Auction ~ Details to be announced.

~ November 2007 ~

**Saturday November 3rd** ~ General Meeting, We will cover Pre-Election topics & will have a guest speaker.

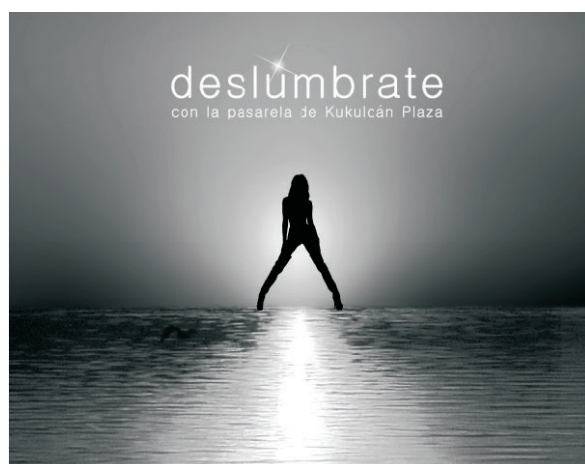
~ December 2007 ~

**Saturday December 1st** ~ General Meeting, election for 2008 IWC board.

**Saturday December 8th** ~ Christmas Tea.

### IWC Meetings

Our general meetings take place on the first Saturday morning of each month. Our board meetings usually take place the Monday before. We set the agenda for our general meeting at the preceding board meeting.



## Fashion Show A Success ~

The Annual IWC Spring Fashion Show and Hat Contest was held on May 19th, 2007. It was a huge success. More than \$7000 usd was raised for our charity, El Hogar de los Ancianos (which is the home for the elderly at La Ciudad de la Alegria).

The event was held in Plaza Kukulcan's main foyer where local designer Emilio Mata presented his wonderful Summer 2007 collection of clothing. More than 400 people attended this event. Breakfast was catered by Grupo Mont Blanc, who did a wonderful job. Lucky raffle winners were awarded great prizes that had been donated by local businesses. The whole event was a grand success.

Thanks to everyone who helped out! Special thanks to Emilio Mata, the Plaza Kukulcan team and everyone at Grupo Mont Blanc. We also want to thank all of the local businesses which gave us raffle prizes!



**International Women's Club of Cancun**  
Web Site: [www.iwccancun.com](http://www.iwccancun.com) ~ Forum: [www.iwccancun.com/forum](http://www.iwccancun.com/forum)

# Community Service

## Hogar de los Ancianos: Resident Spotlight ~

**Full name:** María Holder Ramirez

**Age :** 94; but she turns 95 on 16th October

**Born in:** Oaxaca

**Family Situation:** María has three sons, one lives in Mexico City, one in Baja California, and so when she was unable to look after herself, María came to Cancun to be closer to her only daughter who was solely responsible for taking care of her before she moved to the Home for the Elderly.

**Time in the Home for the Elderly:** María is one of the newer residents, she has only been in the home for three months, but has made an excellent transition and is very happy.

**Likes:** Until a few years ago, María loved to cook, especially cakes, puddings, cookies and doughnuts. Now that she is not able to walk on her own, María still likes to be as active as possible. She loves to read, especially Latin American authors, and also to write. She doesn't keep any of her writings, but loves to talk about her ideas with friends and visitors, and has developed some interesting points of view on life and death.

**Dislikes:** María doesn't like to feel that she is sick; the feeling of impotence makes her sad.

**Why the IWC ladies should visit her:** María is a great person to talk to, she is refined, educated and still has an excellent memory, allowing her to share different experiences from throughout her life as well. She also converses on a wide range of up-to-date topics, from cooking to poetry. Best of all, she has a finely tuned sense of humour and really enjoys making the most of this stage of her life. In many ways, María enriches the life of anyone who takes the time to befriend her.



*Doña María Holder Ramirez*

## About El Hogar de los Ancianos ~

El Hogar de los Ancianos is the only residential home for the elderly in the north of the state of Quintana Roo. The goal of the home is to provide a dignified and healthy environment for needy elderly to live. The home provides round-the-clock care for about 30 full-time residents at a time.

Several residents of the Hogar de los Ancianos were found wandering the streets of Cancun and have no family members to care for them. Other residents come from families with limited resources that cannot care adequately for them.

The International Women's Club of Cancun has supported El Hogar de los Ancianos through donations of needed items and with our visits for the past two years.

Our next fund-raiser for the home for the elderly will be our auction on October 6th. Thank you for your continued support!

## Visits to the Home for the Elderly

Please remember that IWC members visit the home for the elderly at the Ciudad de la Alegría on the first and third Thursdays of each month. We meet at Restaurant California on Kabah, next to Costco and we car-pool from there.

**Our Next Two Visits: September 20th & October 4th - 9:30 am**

# Notes & Announcements ~

## To our Ladies from Canada ~

Just a few lines from me to you, dear ladies, to congratulate you on your wonderful country, which I had the opportunity to visit for the first time in June. My husband and I rented a car and had a ball, we saw the awesome Niagara Falls and what an exhilarating experience that was, especially when we got so near them on the Maid of the Mist.

Then we carried on to Toronto, where we went to the top of the CN Tower, which is said to be the tallest in the world and that it sways when the winds get strong! We have never seen so many lakes and rivers, wonderful! On the way to Toronto we deviated a little from the main road and visited a vineyard, where we did some wine tasting and bought a couple of bottles.

After that, we drove to the beautiful city of Montreal. In the afternoon we got in a horse and carriage for a small tour of the center of Montreal, where we saw some amazing buildings. Then in the evening we had a delicious meal in the French Quarter.

Our last city was Quebec, that was an enchanting experience, a mixture of the old and the modern. We stayed in the old part of Quebec, in a quaint and old hotel; we walked along the old streets, which are perfectly preserved and taken care of, it was like going back in time. I loved the plant-pots full of flowers that they have everywhere. Then we had the opportunity of visiting the Orleans Island where we tried a very nice cider, all the streets and buildings were immaculately clean on this island.

I must say that we found the Canadians very polite and helpful and that our visit to your amazing country was worth every penny!

Best regards,  
Rosalinda Cahill

## House For Sale ~

3 bedroom, 3.5 bath, studio, large kitchen, laundry room, patio with fountain, comes with curtains, 2 A/Cs, phone, sky, etc, really great, ready to move into, asking \$1,450,000 mpx gated community, quiet, parking, parks, terrace, walk in closet.

CARMEN BIANCA ~tel 998 267 8863 ~ cel 998 874 0177

## SAT & ACT Testing Dates ~

The International American School of Cancun will administer ACT and SAT tests this fall. Anyone interested may register online. For more information contact Nancy Marroquin at [inquiries@iasces.com](mailto:inquiries@iasces.com).

**SAT Test** ~Saturday October 6th ~ Register by Sept 10th online at: [www.collegeboard.com](http://www.collegeboard.com).

**ACT Test** ~Saturday October 27th ~ Register by Sept 21st online at: [www.act.org](http://www.act.org).

## 2007 IWC Board

**Nancy Myers ~ President**

Email: [president@iwccancun.com](mailto:president@iwccancun.com)

**Janet Cerutti ~ Vice President**

Email: [vice.president@iwccancun.com](mailto:vice.president@iwccancun.com)

**Hilda Navarro ~ Treasurer**

Email: [treasurer@iwccancun.com](mailto:treasurer@iwccancun.com)

**Maggie Marrero ~ Secretary**

Email: [secretary@iwccancun.com](mailto:secretary@iwccancun.com)

**Rosalinda Cahill ~ Membership**

Email: [membership@iwccancun.com](mailto:membership@iwccancun.com)

**Carmelita Jimenez ~ Community Service**

Email: [community@iwccancun.com](mailto:community@iwccancun.com)

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Email: [programming@iwccancun.com](mailto:programming@iwccancun.com)

**Jennifer Hamer ~ Public Relations**

Email: [public.relations@iwccancun.com](mailto:public.relations@iwccancun.com)

**Kimberley Rivero ~ Newsletter & Web**

Email: [news@iwccancun.com](mailto:news@iwccancun.com)

## Member Birthdays

~ September 2007 ~

1st - Ellinor Hansen

5th - Brenda Codoner

7th - Janet Cerutti

13th - Joyce Jameson

17th - Gabriela Lopez Coral

If I missed your birthday please let me know,  
thanks!

# Member Services Directory

## Money Exchange

**Consultoria Internacional Casa de Cambio** - Services all over the world: cash, traveler's checks, funds transfers and personal checks. Plaza Flamingo, next to Marti. Maja Kreso  
Tel: 883-3281/80

## Web & Graphic Design

**Magnolia Web Studio** caters to expats doing business in Mexico. We offer a 15% discount for IWC members & their families. Tel: 848-1369 [www.magnoliawebs.com](http://www.magnoliawebs.com)  
Kimberley Rivero, owner

## Car Repair

**Automotriz Cancun** 10% off for IWC members on services (not on parts) including paint jobs, tune-ups, oil changes & more. Maximo Rios: 884-5686, Lopez Portillo #142, SM 63, 1½ blocks from Uxmal. Indra Rojo

## Cancun Beach Rental

For rent in Bellamar, located in the Hotel Zone, behind the Costa Real hotel. Beachfront, pool, 2 BR, fully equipped kitchen, A/C, security, sheets & towels. Store on premises.  
Tel: 887-5760 Nancy Myers

## Himalayan Goji Juice

**Nutritional Antioxidant** - Himalayan Goji juice helps metabolism, immunity & energy. Contact Martha Uscanga. Tel: 871-0162, Cell: 044 (998) 148-8051 or (998) 845-4376  
[www.marand.freelife.com](http://www.marand.freelife.com)

## Dental Care & Massage

**American Smile Clinic** - General, endodontic (root canal), surgical & pediatric dentistry. Relaxing massage & speech therapy. IWC members receive 20% off on massage. Calle Nance #17, SM 25 Nancy Myers Tel: 887-4521

## Travel Services

**Marand Travel** - Need travel assistance? Visit our web site at [www.puertomorelos.com.mx](http://www.puertomorelos.com.mx). Contact Martha, Andres or Richard. Tel: 871-0162 or 871-0332, Cell: 044 (998) 148-8051 or (998) 845-4376

## Mexican History Courses

**Carolyn Valero** offers a course, in English, on 19th & 20th century Mexican history.. This class meets every Tuesday from 11am to 1pm. Join anytime, \$100 pesos/class.! Call 887-0114 or cell: 044-998-830-0593 or 044-998-131-6018.

## Puerto Morelos Rentals

Beachfront condos for rent in Puerto Morelos, weekly, monthly or long-term. Also a 3 BR house, fully furnished, all amenities, sleeps 4-6 people. Rentals rates start at \$850 usd/week. Call 871-0162. Martha Uscanga.

## Downtown Cancun Rental

For rent in SM31, unfurnished 2BR condo with bonus room. New stove, new fridge, ceiling fans included, a/c in one BR. On 2nd floor, tranquil street, near park. Tel: 848-1369  
Kimberley Rivero

## Construction & Architecture

**MC3 Arquitectos** is an architecture and construction firm with over 25 years experience. For more information contact Mario: 882-2661 or cel: 044-998-147-1836. Email: [mc3arquitectos@yahoo.com](mailto:mc3arquitectos@yahoo.com)  
Anita Gallagher

## Real Estate Broker

Buying or selling real estate in Cancun or the Riviera Maya?  
**Carmen Bianca** has over 20 years of real estate experience in Mexico. Cell: 998-874-0177, Tel: 998-267-8863. Email: [carmenbianca@hotmail.com](mailto:carmenbianca@hotmail.com)

## Car Repair

Maggie Fontana's son Robert offers auto mechanic services for all types of cars, including American ones. Please call him at 998-892-0871 or 998-184-8129.

## Client-Centered Counseling

**Tracey Kennedy** is a counselor specializing in relationships, loss, infertility, sexual health and post-birth trauma. Over 13 years experience. Confidential. Sliding fee scale. Cell: 998-204-9932 or email [emotional.health@hotmail.com](mailto:emotional.health@hotmail.com).

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